

Positive Behavior Interventions and Supports (PBIS)

A Guide For Students and Families

What is PBIS? PBIS is a way for schools to ensure that all students have the behavior and social/emotional supports that they need to be successful and to develop social skills that will help them in school and after graduation. **PBIS** is built to make match support for learners with different needs. There are three levels of support:



TIER 1: UNIVERSAL SUPPORTS – These are the supports that all students have. This includes making sure that students know what is expected of them in classes and providing lots of positive feedback.

TIER 2: TARGETED SUPPORTS – Some students might need a little more support in one area, using tools that are developed for that situation. For example, a student or group of students might have time to check in with a teacher before the start of the day.



TIER 3: INDIVIDUALIZED SUPPORTS – Some students might need something that is adapted just for them for certain situations. For example, a student might have an individualized behavior support plan that lets teachers know what they can do to help this student to be successful while on the playground or in a particular class.

Students do not fall neatly into one category or another and are not labeled as being in a specific tier. While all students have universal (Tier 1) support, some students might need a little more (Tier 2) support in one area and might need more individualized (Tier 3) support in another. These supports change as students' needs change, which is why monitoring is an important part of PBIS. A PBIS leadership team looks at each student's progress and determines the best way to provide support in that area at that time. Family members and students are often part of that team.



What does PBIS do for the school?

1. Builds safe, positive school climates
2. Enhances and supports an effective school system
3. Includes the voices of everyone who is part of the school community:
 - a. Teachers & staff
 - b. Students & families
 - c. Community members

What can you do to be involved in your school's PBIS efforts?

1. Learn about your school's PBIS initiative. While all PBIS schools work under the same framework, there is room for each to be customized to best fit the needs, preferences, and culture of each school.
2. Talk to teachers about PBIS and what you can do to help make this work at school and how to use some of the tools and strategies at home
3. Be part of the "PBIS leadership team." Family and student voice are very important parts of the PBIS framework.

For more information about PBIS in Florida schools, go to flpbis.cbcs.usf.edu



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