

Recreation and Leisure Activities for All Floridians

Are you interested in exploring our natural world?
Maybe you'd like to find a group that likes to paint or draw?
Want to join a fitness group? Or perhaps yoga?
Or explore local theatre?

There are many leisure and recreational activities available to Floridians, though choices may vary considerably from community to community. So how do you find activities that fit your interests and needs?

You might try to find groups that share your interests. Here are a few places to start:

- Parks and Recreation pages – Each county and city will have its own page online. Many of these sites include calendars and links with unique recreational activities, groups, and events.
- Local churches – Your local church or place of worship may offer a number of special interest groups and activities.
- Other online resources:
 - [Facebook](#) – Search for groups in your area of interest.
 - [Meetup](#) – Look up your local city and find groups that are meeting in your area.
 - [Hello, It's Me](#) – A safe, inclusive place for people with IDD to meet friends and make romantic connections.



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