

How might you gain work experiences and try out possible types of jobs and workplace environments?



Volunteer to help in home and be responsible for tasks such as:

Set the table

Empty the trash

Load the dishwasher

Unload the ice bin in the freezer

Sweep/vacuum, clean the mirrors

Put the dishes away in the cabinet

Remove the dishes from the table after meals

Bring the trash bin from the curb, pet care duties

Replace the toilet paper and paper towel rolls

Keep the pitcher filled in the refrigerator

Keep dust off the ceiling fan, TV screen, and computer monitors

Replace the soap in the shower

Unload the dryer, fold laundry

Bring in the mail

Water the plants

And many more possibilities in your home.

