

# ROAD MAP

WAY TO

## YOUR CAREER PLAN FOR AFTER HIGH SCHOOL

### Purpose of this Road Map

This road map will give you direction and resources to plan for life after high school. It will help you to identify careers that are the best match for your strengths and interests.

### Why Use this Road Map?

Planning for your career now will help you get a job you love, make new friends, be more active in your community, feel good about yourself, and put you in control of your life.

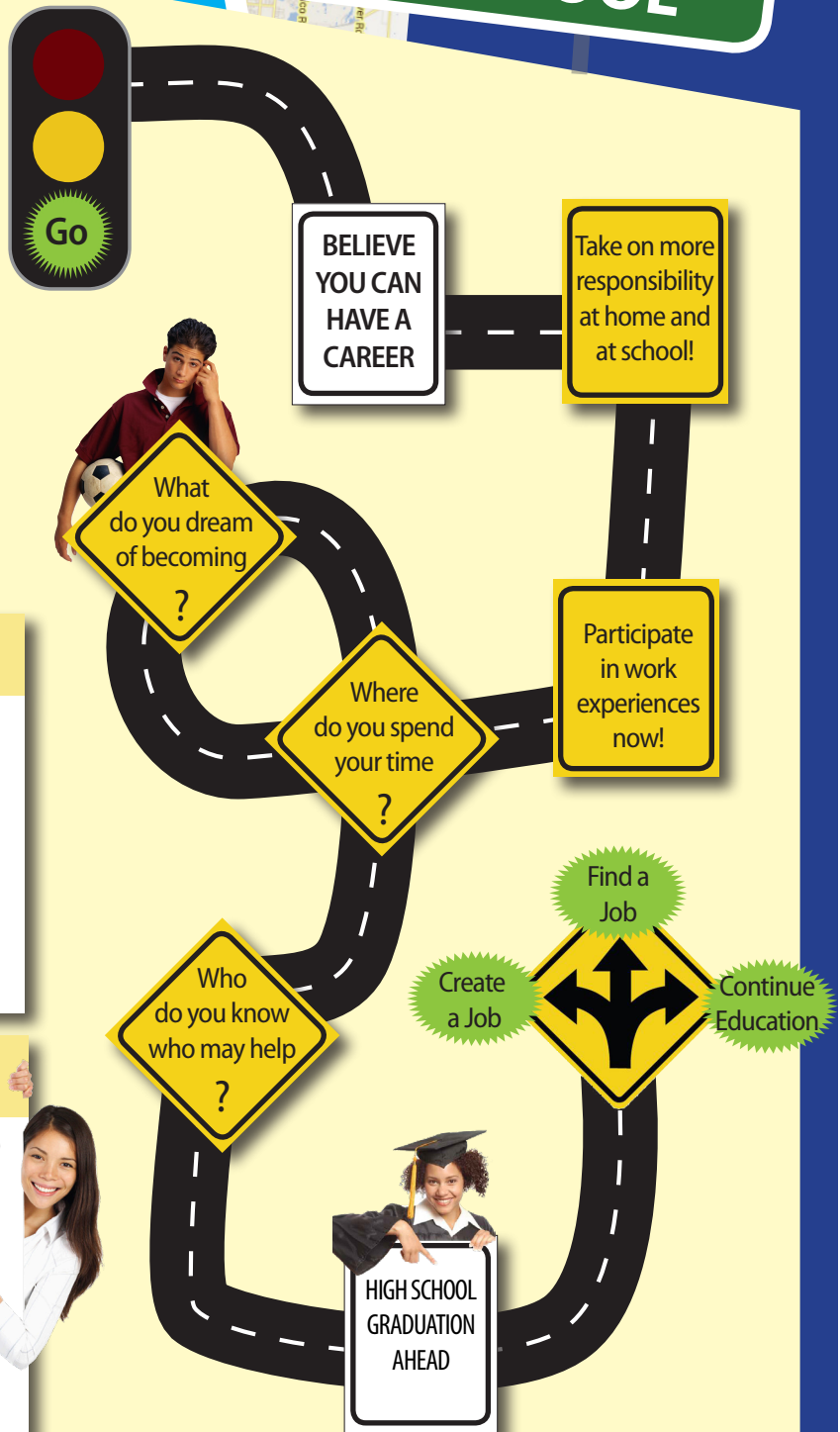
### How to use this Career Plan Road Map?

#### Middle School Students

- » Take charge of your own future by looking at what you would like to do after high school.
- » Think of what your strengths are and how that may fit into a career.
- » Start a list of people who can help support your future plans.

#### Parents & Guardians

- » Expect your middle school student to take a leadership role in discovering their possibilities for work.
- » Learn about available community resources.
- » Develop your team of supports.





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## ONLINE EMPLOYMENT RESOURCES

*With good information, you can make informed choices about work and savings to pursue greater financial stability, independence, and quality of life.*



### Florida Resources

<http://fyitransition.com>

There are lots of things to consider upon graduation. Where will you work? Where will you live? Who will help you? This **FYI Transitions** web site can help you and your family plan for these and more questions about your life.

<http://www.rehabworks.org/stw.shtml>

**Vocational Rehabilitation (VR)** is a federal-state program that helps people who have disabilities get or keep a job. VR is committed to helping people with disabilities find meaningful careers.

<http://www.workforceflorida.com>

**Florida's Workforce** system aims to offer resources and services to every Floridian in any educational, career or transitional stage.

<http://apd.myflorida.com>

**Agency for Persons with Disabilities (APD)** works in partnership with local communities and private providers to assist people who have developmental disabilities and their families. APD also provides assistance in identifying the needs of people with developmental disabilities for supports and services.



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<http://www.floridabenefits.org/>

**The Changing Face of Benefits** is a downloadable benefits training workbook and online course to help make sense of Florida's benefits, rules, and resources. It was created by the National Disability Institute and supported by the Florida Developmental Disabilities Council.

### National Resources

<http://www.ssa.gov/disabilityresearch/workincentives.htm>

**Social Security Administration (SSA)** has special rules that make it possible for people with disabilities receiving Social Security or Supplemental Security Income (SSI) to work and still receive monthly payments and Medicare or Medicaid. Social Security calls these rules "work incentives."

<http://www.dol.gov/odep/categories/youth>

**Office of Disability Employment Policy (ODEP)**, in collaboration with the National Collaborative on Workforce Disability for Youth, has identified Guideposts for Success. The Guideposts reflect what research has identified as key educational and career development interventions that can make a positive difference in the lives of all youth, including youth with disabilities.

<http://jobcenter.usa.gov/youth>

**American Job Center** provides a single access point – open 24-7 – for key federal programs and critical local resources to help people find a job, identify training programs, and tap into resources to gain skills in growing industries.

### For More Information and Resources

Contact **Brenda Clark**, [bclark7@usf.edu](mailto:bclark7@usf.edu)  
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or visit Florida Center for Inclusive Communities at

[www.flcic.org](http://www.flcic.org)

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